

## MONTHLY BOARD MEETING MINUTES

June 22, 2015

### **Mental Health Board**

#### **Members in Attendance**

Bond, Yvonne  
Cleveland, Cheryl  
Dickinson, Will  
Jarvis, Debra  
O'Meara, Janet  
Thickens, Theresa

#### **Absent Members**

Stanners, Sharon  
Holmes, Jim

#### **Staff and Guests**

Abrahamson, Twylla  
Bartely, David  
Bauman, Maureen  
Behrens, Sharon  
Cople, Katrina  
Cowen, Jeff  
Ellis, Amy  
Jones, Janna  
Osborne, Marie  
Wertenberger, Windy

### **Welcome and Introductions**

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation) – Not Read**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

### **Secretary/Treasurer's Report**

**Approval of the May 8, 2015 Retreat and Regular Board Meeting Minutes** – Approved minutes as distributed.

**Approval of Treasurer's Reports** – \$1,500 - Amount budgeted for Fiscal Year 2014-15. Expenditures for the month of May included: \$101.20 – food purchased. End balance of \$601.29 and is accepted as presented.

### **Standing Committee Reports**

#### **❖ Executive Committee**

- Nothing reported.

#### **❖ Alcohol and Drug (AOD) Committee – Debra Jarvis**

- The committee reported low membership and is looking for new participants.
- Reviewed the four goals:
  1. Be informed and follow the criminal justice system as it relates to AOD.
    - Ms. Jarvis reported on Sharon Stanners' attendance at the Drug Court graduation.
    - Related to the Criminal Justice Master Plan, Ms. Jarvis reported on being in communication with Placer People of

Faith, who have been attending the Criminal Justice Master Plan meetings. They are requesting additional information.

2. The committee discussed the Affordable Care Act and how it affects substance abuse treatment. Amy Ellis, ASOC manager, shared that the Bay Area counties are in the first phase of 1115 Waiver process (estimating rates and looking at various continuums of care). The information will be shared with a statewide task force. Placer is completing some initial preparation.
  3. To stay informed and learn about the issues related to heroin in our community.
  4. Gather information on co-occurring disorders. CoRR is the sole AOD provider in a position to also treat co-occurring due to their level of staffing and other sources of money.
- Ms. Jarvis reported that one of New Leaf's Transition houses burned. She developed a plan to secure donations of gift cards, raising over \$1,700 in the process. Eight women and seven children lost everything in the fire.
- ❖ Quality Improvement – Theresa Thickers
- Regrouped to discuss what their priorities are and how to report out to the full Board, providing meaningful information. Staff created a draft agenda for committee's use for potential future meetings.
  - Discussed the Data Notebook and what took place last year with the California Mental Health Planning Commission asking for information from counties. The committee discussed what kind of data is important for the Board to share as a whole.
  - From conversations at the retreat, the committee identified the need to potentially bring back previous processes/forms.
    - Site visit and feedback forms - quick summary of visit and provide feedback to the site.
    - Visibility form – brief form identifying a summary.
    - Janna Jones provided Theresa Thickers with the forms she was referencing: 1) Service Assessment Checklist; 2) Service Assessment; and 3) Notice of Contact.
  - Discussed what might be ongoing projects and focus of goals in the upcoming year. Also talked about how much of what type of data from the QI is important to this group and to the communities.
- ❖ Children's Committee – Will Dickinson
- The committee met in May to discuss goals to review contracts.
  - Focused on goals: 1) early childhood prevention and intervention; 2) commercially sexually exploited minors; and 3) juvenile offenders. Particularly want to tie all these back in with the Foster Care System. Goals were discussed but have not been finalized.
  - Participated in a site visit of the Placer County Juvenile Hall.
    - Stays can be up to four years; however, it's meant to be a short-term detention facility.
    - Average stay is 20 days.
    - Reported on a significant reduction in population.
    - Philosophy is to get kids out of the facility and back with their families.
    - No number identified, but there are numerous kids who come to the facility with various types of medications. Sometimes illegal drugs are used as a substitute for their prescribed medications.
    - Ms. Abrahamson noted there is a mental health clinician on site who does mental health and substance abuse assessments.
    - Aware of potential suicidality issues.
    - Undergoing training to identify commercially sexually exploited youth.
  - The committee had additional conversations on the sex trafficking problem in Placer County and CSOC is participating in a consortium that is addressing the issue.
- ❖ Adult Services Committee –Janet O'Meara
- Prepared a written report and distributed to members. Identified conclusions on goals as outlined in the report.
    - Family involvement (educating families, including their rights). Educated and involved families support better outcomes for those individuals.
    - AOT implementation. Family member in community reported on the progress of her family member. Too early to have data outcomes but will have meeting in fall to address issues that were raised.
    - Quality of services. People who are talking about their dissatisfaction – we need to do more outreach/engagement.
    - Recognized the need to look at housing and the transition of those coming out of a long- term facility and the handoff.

## **BOS-Representative**

- ❖ Supervisor, Jim Holmes reported on the following: Absent

## **Correspondence and Announcements**

- ❖ Janet O'Meara, reported on the receipt of the following:
  - Reported on correspondence received from a family member who experienced serious dissatisfaction. Issue(s) will be addressed in-house.

## **Director's Report**

- ❖ Maureen Bauman reported on the following (*Director's Report sent electronically*):
  - The BOS took action through the Request for Proposal, awarding the contract for the crisis residential facility, previously run by ANKA, to Yolo Community Care Continuum (YCCC). It is a 24-hour staffed program that is not only providing the board and care, but also provides a 24-hour treatment services and crisis response. Stays = 30 days and up to 90 days.
  - Provided a list of categories being tracked for Placer County's new priority based budgeting for FY 15-16.
    - Debra Jarvis requested a short description of the categories.
  - Provided a link to the Directing Change 2015 Public Service Announcements (PSA). Placer County - Whitney High School once again had high quality PSAs. Shared information, as a result of the post-contest questionnaire, wherein kids reported a better understanding of the warning signs of suicide, being concerned about friend thinking about suicide, what to do and a pledge to never keep it a secret when made aware of thoughts about suicide.
  - Reported on the May Collaborative Court celebration for the adult collaborative courts: Drug, Veterans and Mental Health.

## **Unfinished Business**

- ❖ Recruitment (*Standing Agenda Item*)
  - Maureen Bauman reported on a piece of legislation moving forward to amend the requirements for the mental health, alcohol and drug boards in California. It would allow those who could fill consumer slots, who are working for a county or an agency affiliated with a county, could go ahead and serve on a board wherein now it's a conflict of interest.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
  - Nothing reported.
- ❖ Reminder: Committee Rough Drafts for FY 14-15 Annual Reports (Coming Due)
  - Committees' rough draft reports are due by September 1, 2015.
    - Janna Jones will send out last year's annual report to members to assist in the process.
- ❖ Vote on Slate of Officers
  - After announcing the slate of officers, the Chair asked for nominations from the floor; none received.
    - **Chairperson:** Theresa Thickers.
    - **Vice-Chairperson:** Sharon Stanners.
    - **Secretary/Treasurer:** Yvonne Bond.

**Cheryl Cleveland made a motion to accept the slate of officers, Will Dickinson seconded. Motion approved.**

- ❖ Mental Health Board Training Reports
  - Janet O'Meara distributed a summary from her attendance at the Mental Health Board Training 101 (Train the Trainer). The most relevant point was that the Board's culture should be proactive s. reactive.
  - Yvonne Bond distributed a PowerPoint from her attendance at the California Institute of Behavioral Health Systems (CIBHS) Board Training, reviewing the main highlights of the training.
- ❖ Retreat Follow-up
  - Opened up a discussion with members on the follow-up from the retreat.
  - From the notes of the retreat, Ms. Thickers highlighted things the group had identified, followed by some brainstorming.
    - Bring together a concise mission and vision statement to be used for outreach (be consistent/brief statement).
      - Identified an ad hoc committee: Debra Jarvis, Will Dickinson, Theresa Thickers and Jeff Cowen.
      - Ad hoc committee to review and bring back recommendations (mission/vision/elevator speech) to the next meeting as an agenda item for further discussion.
  - How and what the committees report to allow enough time to address items with higher priorities for that day.

- Business cards – general MHADB card with contact information.
- Mr. Dickinson envisioned more than just a mission statement but a one-page flyer with talking points summarizing what the Board does, has done, accomplishments, etc.
- Each committee is to put together six bullet points of the purpose for their existence – accomplishments and priorities. Committee to then discuss and identify those annual events that would be a good to target/attend for advocacy.
- Maureen Bauman noted that the purpose of the MHADB is already established in statute.
- Discussed having committee prepare a written report before the meeting.

### **New Business**

- ❖ Vote on Appointment of Jeff Cowen (Consumer Member) to the MHADB [Action Item]
  - The Executive Committee interviewed Jeff Cowen and recommends his appointment to the MHADB.
  - Mr. Cowen shared his interest in becoming a member and provided an overview of his background, experience and education. Mr. Cowen works as an Independent Living Advocate at PIRS (Placer Independent Resource Services).

**Debra Jarvis made a motion to accept the appointment of Jeff Cowen to the MHADB, Theresa Thickens seconded. Motion approved.**
- ❖ California Association of Local Behavioral Health Boards and Commissions (CALBHC) Contribution/Membership [Action Item]
  - After meeting with CALBHC and obtaining additional information about their improvements, Ms. O'Meara recommends the MHADB approve paying the annual membership dues in the amount of \$500.
  - Debra Jarvis made a competing motion to table this item for one month for further review of the improved organization. As there was no second, the motion failed; no further action taken.

**Yvonne Bond made a motion to approve spending the \$500 for membership dues, Will Dickinson seconded. Motion approved.**

- ❖ Contracts [Action Item]
  - Maureen Bauman provided an overview of the below contracts. Contracts are available for review upon request.
    - ☐ Contract Amendment with Turning Point Community Programs for FY 2014-16.
    - ☐ Contract Amendment with Sierra Mental Wellness Group for FY 2014-16.
    - ☐ Contract with Telecare Corporation for FY 2015-16.
    - ☐ Umbrella Contract with Surender S. Chima, M.D. and Sukhdev S. Khangura, M.D.
    - ☐ Agreement with California Institute for Behavioral Health Solutions (CIBHS).
    - ☐ Contract to Provide Mandated Medically Necessary Inpatient Psychiatric Health Facility Services for Placer County Residents.
    - ☐ Contract with California Forensic Medical Group, Inc. (CFMG) for Inmate Healthcare Services.
    - ☐ Contract with Willow Glen Care Center, Inc. for FY 2015-17.

**Debra Jarvis made a motion to approve the above contracts, Yvonne Bond seconded. Motion approved.**

### **Board Member Comments**

- ✧ Yvonne Bond, in regards to voting on contracts, felt in order to be an effective Board, they need to understand the nature of the services, what they're being contracted to provide, and to evaluate them.
- ✧ Debra Jarvis shared that a good way to become educated on contracts is to review the scope of services.
- ✧ Maureen Bauman will include the scope of work with contracts for a while.
- ✧ Will Dickinson concerned about the Board getting bogged down on contract review when there are so many other duties.

### **Public Input**

- ✧ None

### **Adjournment**

- The meeting was adjourned at 8:23 p.m.
- Monday, July 13, 2015 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, July 27, 2015 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board